

### AGENDA

Practice tips and guidance from a veteran healthcare attorney

Negotiating Contracts Corporate Strain It's Stressful Being Compliant! Difficult Patients Employment Conflicts

## CONTRACT ISSUES

Physician Contracts: non-competes, term provisions, liquidated damages clauses for no notice, compensation structure, lacking duties, no mention of tail coverage

IGAP Agreements – don't have specific language that's necessary – careful it's not seen as free money to a group / MD

Leases/Subleases- Right terms right values set? We need to talk about FMV

Recruitment Agreements— These can really cost you. Be sure to only pay when doctor starts

Remember – BAA's are really important!

### CORPORATE ISSUES

Companies not set up incorrectly or not following company by-laws or company agreements correctly (voting/quorum/notice of meetings)

Thinking you can carve out governmental health programs – the OIG is still reviewing these and it only takes one. This can create internal stress with managers

Mergers, Acquisitions, and unique business arrangements – carry with them a high rate of fraud and abuse concerns. Can cause irate managers, thinking you are accusing them of violating the law, "stay out of the business side," being defensive

Telemedicine – freestanding telemedicine practices are popping up, but remember the standards are the same as an in-person visit. Same standard of care and obligations! And always wrapping in the PCP

### CORPORATE ISSUES

Joint Ventures or mergers: some lab and other ancillary providers that getting "creative" — per click, per patient, based on numbers of patients seen. Stress between making money and doing it right. "Everyone else is doing it."

Medical Directorships – too expensive, too many to possibly do in a week's time, jealousy over what another doctor is

peating
Payment for Supervision – This can create
animosity between midlevels, who don't want to be "overseen" like nurses, and yet conflicts with TMB guidance

Rent for Space - What is fair market value anyway? Often based on the wrong things. Business issues conflict with health statutes

Lab Arrangements— always issues involved here — safe harbors are important! We had "legal review it."

Have these arrangements reviewed! It will save time and money later!

## COMPLIANCE ISSUES

Overall Company Compliance Plan: It is now required! It's not "ratting someone out" to report a possible issue. Don't get frustrated when your staff files a report

HIPAA Procedures and plan- is it a 300 page monster or one you can actually follow? Are you giving meaningful training?

Security Audits – You can't just trust the EMR to do this for you. HIPAA requires it. MU requires it. If you don't do security auditing you can be left with huge black holes. Huge stress and conflict if a breach, lots of pointing of fingers. Be proactive!

Coding and Billing Audits—this is the best thing you can do for your practice. Let your auditors be on your team. Consider putting it under attorney / client privilege.
Don't let ego be a barrier, or "we know how to do this."

Telemedicine - issues with security and privacy – how well are you vetting these agreements and vendors? Is everyone on

### ROLE

PLAYING

### **Four Different Types of Difficult Patients**

We are going to look at the most common difficult patients and how to deal with them



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# MANAGING EXPECTATIONS

Medications? I know you're here for medications but. . .

Just someone to talk to? You did the right thing to come in and discuss this. . .

Advice? If it were my mother I would. . .

Weave their expectations into your medical advice – many patients who seem difficult just aren't getting what they expected!

Quick Fixes? This will deal with the immediate issue, but about the other. . .

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### Angry patient – discussion points

- Customer service training for staff

- Listen don't interrupt.

  Empathetic phrases. "All on the same team"

  Apologize (you can apologize for lots of things aside from the care you provided)
- the care you provided)
  Offer to review the chart and/or send to peer review to
  make the patient feel valued and his/her opinion is heard
  Don't sweat the small stuff (An \$80 office visit isn't a big
  deal in the long run!)
  Explain next steps
  If future behavior is similar, consider whether it's a bad
- overall fit
- Keep files of "one-time write-offs" so that patients don't abuse this privilege

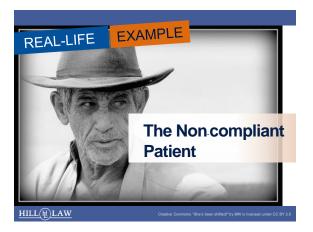


#### Hard to handle patient – discussion points

- Develop rapport jokes about interrupting to get to heart of the matter
- Redirect using kind phrases: "Before you continue, let's go back to something you said earlier that I'd like to know more about. . ."
- Sit down, breathe deeply, and tell her to slowly explain the problem.
- Generally, use "yes or no" questions or leading questions ("So what you are saying is that you are having trouble breathing, but mostly at night. Is that right?)
- · Patient can bullet-point concerns in advance of the visit
- · Protocol about phones and messages to the office

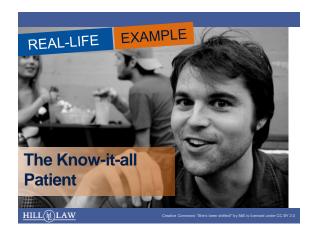
### Hard to handle patient – discussion points, continued

- · Do not promise to be his/her savior
- Help the patient to be realistic in expectations (there is no quick fix / this is going to be a slow, steady process)
- Focus on coping skills / mental health referrals in non-threatening way ("someone to talk to" rather than "you should seek mental help")
- · Regular, steady appointments to see small improvement
- Praise compliance and follow-up
- · Process rather than a one-time solution
- Be positive



### Non-compliant patient – discussion points

- Benefits of staying on a long-term, consistent medication regimen
- Warm letters of purpose ("this medication is important for your long-term health. I urge you to be consistent with its application.")
- · Sometimes written directions help involve caretaker if possible
- What are patient's issues are with taking medicines and address them with empathy (nighttime urination, for example, can be annoying and real)
- Talk about other options, if those exist (value the patient's feelings even though you might explain it's not the most preferred approach)
- · Explore barriers to compliance (cost / feeling "weak")



### Know-it all patient – discussion points

- Acknowledge the work they've done! Even if you don't agree or it's based on junk science, you can still thank them for being proactive and thoughtful about their own health
- · Don't dumb it down
- Touch upon why the "alleged diagnosis" and internet research might not be the case
- · Handouts are helpful
- Direct them to websites you know and trust (such as your academy or society guidelines, etc)

# PATIENT TERMINATIONS

Lesser Options First: Discussions, reminder letters – don't pawn off on your partners!

Pain Agreements: It really helps make it black-and-white and there is less to argue

Continuity of Care: Thirty days is standardsend certified and regular mail with a date the care will end Drug Seeking: Double check the state website and pill count – mistakes are embarrassing for all!

Wait on pregnant patients—my recommendation is the date of the post-partum visit

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#### **Practical Tips**

- Acknowledge that the patient is sick and show empathy for their personal situation. This often diffuses anger.
- Recognize when you need a minute to collect yourself. Visit with folks that make you laugh, call your spouse, go outside
- · Apologize to patients for being behind / slow and steady approach
- Admit the possibility of differential diagnoses / discuss the need for follow-up
- Remind yourself the ultimate goal is for the patient to be healthy and as functional as possible
- · Breathe deeply with difficult patients they need care too!

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# EMPLOYEE ISSUES

Stop a little problem before it grows: training management on areas of retaliation, overtime, and workplace safety

Discrimination/Retaliation—People generally know about discrimination, but retaliation is a real nightmare. Requires training!

Sexual harassment – You think you know it when you see it. That's not true any longer! And what about internal handling of these sensitive matters?

Physician Firing – what about working though the notice period? What about vacation time? What about the noncompete

Performance Improvement Plans and being fair to all—you can minimize your risk by being consistent with your discipline approaches

> When there are people, there will be problems. That's just life.

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Conflict Res	olution
Talking it out, but mostly listening	Working with a trained mediator
Dealing with the problem EARLY rather	Cattian a service of the service of
than waiting until opinions and positions are entrenched	Setting a corporate culture as being inclusive of ideas, never demeaning, never finger pointing, always helpful.
Consider the other person coming from a good place and not trying to screw you.  Give people the benefit of the doubt rather	
than assuming the worst.	
Ques	stions?
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